



## CLIENT INFORMATION and CONSENT FORM

Mr/Mrs/Ms/Dr: \_\_\_\_\_ Sex: M / F D.O.B: \_\_\_\_\_  
Address: \_\_\_\_\_ Suburb: \_\_\_\_\_ State: \_\_\_\_\_ P/C: \_\_\_\_\_  
Telephone: (M) \_\_\_\_\_ (H) \_\_\_\_\_ (W) \_\_\_\_\_  
Email: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Health fund: \_\_\_\_\_  
Emergency contact: \_\_\_\_\_ Tel: \_\_\_\_\_

## MEDICAL HEALTH INFORMATION

Doctor / Midwife: \_\_\_\_\_ Tel: \_\_\_\_\_  
If pregnant: Number of weeks pregnant at present? \_\_\_\_\_ Est. due date: \_\_\_\_\_  
Is this your first pregnancy? Y / N How many children do you have? \_\_\_\_\_  
History of miscarriage or premature births? \_\_\_\_\_

Please indicate if you have ever had or currently have any of the following:

- |  |       |  |       |
|--|-------|--|-------|
| 1. Allergies _____                       | Y / N | 2. Anxiety _____                                 | Y / N |
| 3. Breathing difficulties / asthma _____ | Y / N | 4. Diabetes _____                                | Y / N |
| 5. Cardiovascular disease _____          | Y / N | 6. Dizziness / Vertigo _____                     | Y / N |
| 7. Depression _____                      | Y / N | 8. Fatigue _____                                 | Y / N |
| 9. Epilepsy _____                        | Y / N | 10. Leg cramps _____                             | Y / N |
| 11. Hepatitis / HIV _____                | Y / N | 12. Low / high blood pressure _____              | Y / N |
| 13. Joint replacements _____             | Y / N | 14. Persistent / severe headaches _____          | Y / N |
| 15. Liver or kidney problems _____       | Y / N | 16. Swelling in arms / hands / face _____        | Y / N |
| 17. Skin disorders _____                 | Y / N | 18. Swelling in legs / feet _____                | Y / N |
| 19. Stroke _____                         | Y / N | 20. Varicose veins _____                         | Y / N |
| 21. Smoker / Ex-Smoker / Non-Smoker ?    |       | 22. Visual disturbances (blurring / spots) _____ | Y / N |

(Please circle one)

**SYDNEY REMEDIAL MASSAGE**  
T: 0406 136 213

Are you currently taking any medications? \_\_\_\_\_

Are you currently experiencing any pain? \_\_\_\_\_

Do you have any injuries? \_\_\_\_\_

What do you do for exercise? \_\_\_\_\_

How often? \_\_\_\_\_

What is the reason for today's visit and how often do you have massages? What type(s)?

Please indicate your preference: Firm / Medium / Soft pressure

Relaxation / Remedial / Sports Massage

Do you visit any other health practitioners? Yes / No

If yes, please specify \_\_\_\_\_

What are your hobbies?

How did you hear about Sydney Remedial Massage? Please indicate:

Professional Referral / Friend Name: \_\_\_\_\_

Printed advertising Where / When? \_\_\_\_\_

Online Source: \_\_\_\_\_

Other Please specify: \_\_\_\_\_

By signing below, I \_\_\_\_\_ affirm that the information provided is current and true. I will inform the therapist of any future changes and acknowledge that there will be no liability on the therapist's part should I fail to do so, or if I have failed to disclose any other relevant information.

I hereby give my consent for Sydney Remedial Massage to proceed with my treatment and agree to receiving further correspondence.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Privacy Policy.

The information obtained above will be treated as confidential and is only used for the purposed which it is collected. Information will be kept on file and will not be released to any third party without the express consent of the client or as required by law.